

**CESA 7 Presents:**

## **Building Resilience**



**Facilitator:** Dr. Marci Waldron-Kuhn, Readiness Specialist, CESA 7 Learning Services

<b>Schedule:</b>	<b>Dates:</b> May 6, 2020 <b>Location:</b> CESA 7 <b>Time:</b> 9:00 a.m. - 3:00 pm (Check-in begins at 8:30 a.m.)
<b>Audience:</b>	Principals, Counselors, Social Workers, Teachers, ACP Coordinators
<b>Session Topics:</b>	When something goes wrong, do your students tend to bounce back or fall apart? Adversity is a fact of life. Resilience is the quality that allows our students to bounce back. So, what can we do to help build resilient students? By developing classrooms and schools that provide positive relationships, teach social emotional skills, instill a sense of pride and belonging, focus on student strengths, and build meaning and purpose in our students' lives, we are able to positively impact the mental health of our students and help develop resilience. This workshop will bring the initiatives of SEL, PBIS, RtI, ACP, and restorative practices together into building resilient kids that can navigate through life's challenges both big and small. Learn how to enhance many of the great things you are already doing to help students learn and practice the skills of perspective taking, decision making, goal setting, and self-efficacy.
<b>Registration Fees:</b>	Registration includes lunch. <ul style="list-style-type: none"><li>• \$139 per participant for CESA 7 2019-20 Learning Services Full-Partnership Members</li><li>• \$155 per participant for CESA 7 2019-20 Learning Services Limited-Traditional Members</li><li>• \$169 per participant for Non-Learning Service Member</li></ul>
<b>Registration Details:</b>	<p><i>Login to <a href="https://cesa7.org">cesa7.org</a> - Click on the yellow <b>"Event Registration"</b> tab and click on the calendar (May 6, 2020) then complete registration following prompts.</i></p> <p><b>Registration Deadline – April 22, 2020</b></p> <p><a href="#">CLICK HERE</a> for easy access to registration.</p> <p>For questions, please contact: Marci Waldron-Kuhn, e-mail: <a href="mailto:mkuhn@cesa7.org">mkuhn@cesa7.org</a></p>